



English Vocabulary Booster

Episode 53

The podcasts that boosts your English vocabulary and makes you sounds like a native.

Organs

Have the guts
Bite one's tongue
Scream at the top of one's lungs
Have a change of heart
Do something in a heartbeat

I have to tell you what happened last weekend. So, Mason had been telling me he wanted to go zip-lining because he'd never tried it. He's a lot more adventurous than me, so I told him I'd go with him but that I wouldn't do it. So, we get there and he starts making fun of me and telling me I didn't **have the guts** to do it, that I was too scared. He was being so annoying, like, I had to **bite my tongue**, otherwise I would have said something I'd regret later. Well, I don't know how he did it but, after like half an hour, I got so tired of him I decided to do it. So, I get all ready, and when the guy says 'Go!', I jump, **screaming at the top of my lungs**. And let me tell you, it was incredible, really, it was the best feeling ever. Anyway, I get all the way down, and I wait for Mason, and I'm waiting and waiting. After one hour, I finally see him coming... And guess what? He had walked all the way down, he said he'd **had a change of heart** and decided to do it another time! But you know what, I'd do it again **in a heartbeat**! In fact, I've already told Mason I want to go again, but he doesn't want to! I think he's too scared!



Have the guts - He starts making fun of me and telling me I didn't have the guts to do it.

- If you have the guts to do something ,do you have enough courage to do it or not?
- Would you have the guts to go skydiving?

Bite one's tongue - I had to bite my tongue, otherwise I would have said something I'd regret later.

- If you want to say something but bite your tongue, do you say it in the end or not?
- What are some of the reasons for biting your tongue and not saying something?
- Was there ever a time when you wanted to say something but then bit your tongue and didn't say it?

Scream at the top of one's lungs - I jump, screaming at the top of my lungs.

- If you scream at the top of your lungs, do you scream loudly or quietly?
- What can make people scream at the top of their lungs?
- When was the last time you screamed at the top of your lungs?

Have a change of heart - He said he'd had a change of heart and decided to do it another time.

- If you want to do something, and then have a change of heart, do you still do it or not?
- If you have a change of heart, which of these things can change? Your opinions, your intentions or your feelings?
- When was the last time you had a change of heart?

Do something in a heartbeat - But you know what, I'd do it again in a heartbeat!

- If you do something in a heartbeat, how long have you thought about doing it? A long time or no time at all?
- What are some things you'd do in a heartbeat?

